



Date of visit:

Guest 1 Name:

Please select the treatments you would like to receive.

Manicures & Pedicures

Spa Manicure

This manicure fit for a Queen or a King. The hands and arms are covered with exfoliating crystals with a unique citrus scent suspended in a rich moisturizing base. Warm moist towels are used along with a hand and arm massage to make your hands look and feel like royalty.

60 Min \$ 35

Express Manicure

This classic manicure is for the woman on the go. Our express treatment will quickly shape up your tired hands. You will leave feeling polished and refined.

35 Min \$ 28

Express Pedicure

For the person on the run, great for a quick pick me up. Includes your choice of either a sea salt glow scrub or sea serum callus treatment. No foot file is used in this treatment.

45 min \$40

Spa Pedicure

Our classic, well-known pedicure includes a mineral sea salt scrub & a marine A.H.A. scrub. You will enjoy this treatment as your feet are pampered and polished to perfection.

60 min \$55

Signature Pedicure

Our newest version of the ultimate pedicure is to die for! In addition to the services provided during the Spa Pedicure you will receive a sea serum callus treatment, foot mask with warm towels and a soothing foot & leg massage.

80 min \$70

Massage Therapy

Swedish Massage

This classic massage uses long rhythmic strokes to promote circulation of the blood and lymphatic systems. This is the perfect massage to combat the stresses of day-to-day life.

- 35 min \$50
- 50 min \$75
- 80 min \$115

Deep Tissue Massage

If you experience muscle fatigue, chronic pain and spasms, or limited range of motion, this is your massage. Our therapists use a variety of deep compressions and strokes on specific muscles or pressure trigger points to reduce discomfort and tightness.

- 35 min \$60
- 50 min \$85

Hydrotherapy

Aromatherapy Bath

Exclusive to this area, our baths are done in antique style bathtubs in candle lit rooms with soft music. All are private and only the best of essential oils are used along with relaxing jets.

- 25 min \$30

Aromatic Seaweed Bath

Mineralizing and nourishing, this highly concentrated aromatherapy bath helps eliminate toxins and smooth down cellulite deposits.

- 25 min \$35

Moor Mud Bath

This treatment is recommended for those who suffer from arthritis and sports injuries. It is a wonderful way to soothe and heal your muscles and joints.

- 25 min \$35

Facial Therapy

Mini Facial

A healing and soothing treatment for cell rejuvenation. Ultimately leaving the skin feeling clean and refreshed. This treatment includes Pevonia cleanser, toner, exfoliation, hot towels, light massage and mask.

- 40 min \$50

Customized Deep Cleaning Facial

This rejuvenating Pevonia facial is customized to your skin type. The combined action of exfoliating serum, toning, and lifting massage gets circulation pumping and awakens the skin. Extractions and a calming hydration mask leave the skin feeling soft and refreshed. A relaxing hand and arm massage is included.

- 60 min \$70

Clarifying Facial

This deep cleansing Pevonia treatment is perfect for impure, acneic skin. The mask uses the highest concentrate of active, natural, and effective ingredients. It will tighten, heal, soothe and purify the face. The antiseptic and anti-bacterial quality will bring forth quick and visible results.

□ 80 min \$78

Spa Packages

□ Day in Paradise \$375

Stir feelings from deep within -the gifts of healing, balance and complete relaxation await -as you satisfy your desire for overindulgence and leave the world behind in one glorious, luxurious day.

- 50 Minute Massage
- Customized Deep Cleansing Facial
- Spa Manicure
- Signature Pedicure
- HydroSpa Capsule Treatment
- Shampoo and Style
- Spa Lunch
- Express Make-Up Application

□ The Treatment \$210

Our most popular package will make you forget the pressures of the outside world. Set the mood for tranquility on this day, and let us pamper you from head to toe. These few hours of luxury will leave you feeling heavenly for days.

- 50 Minute Massage
- Spa Pedicure
- Spa Manicure
- Mini-Facial
- Spa Lunch

□ A Taste of Heaven \$105

Let our expert touch release anxiety and tension, and thoroughly delight the senses.

- 35 Minute Massage
- Express Manicure
- Lavender Paraffin Hand Treatment
- De-Stress Eye Treatment

*This is just a portion of our treatments; our entire menu of services is available on our website at www.carnegiehotel.com.